Athletic Participation and Developmental Programs

Glenbrook High School District 225 is a member of the Illinois High School Association (IHSA) through the individual memberships of Glenbrook North and Glenbrook South High Schools. Therefore, participation in district interscholastic athletic programs is conducted in compliance with IHSA By-laws. It is the expectation of our athletic departments that all coaches and athletes will comply with the established by-laws for in-season and out-of-season participation as established by the IHSA both within the school and through external developmental programs.

The athletic programs at each high school consist of sports that are either limited or unlimited in participation numbers. Regardless of the number of athletes that participate on a team, the selection of athletes for participation is based solely on the skills of the athlete and their performance during advertised tryouts. If there are any questions regarding tryouts or participation, athletes and parents are encouraged to speak directly to the head coach of that sport.

The Glenbrook athletic departments fully recognize the value and diversity of athletic developmental programs prior to a student athlete entering high school and during the off-season while they are in high school. We fully support and respect the efforts of our students to reach their highest athletic potential whether it is through developmental programs conducted by the elementary districts, the park districts, feeder teams, private clubs, private coaching, or any other source.

It is the expectation of the athletic departments that involvement by our students in any one developmental program over another will have no impact on the participation of a student athlete in any of our interscholastic athletic teams. The selection of athletes for participation will be done without consideration of club, travel team, or program affiliation.